



Prospectus 2008/09

The Ark Studio
Ravenswood Village
Nine Mile Ride
Crowthorne
Berkshire
RG45 6BQ

01344 755528

info@theark.org.uk

The Ark is an educational arts and disability charity with a studio and office complex within Ravenswood Village.

Please contact the Ark office direct for any further information, taster visits and enrolment terms & conditions. We are open 10am-3pm weekdays (excluding Tuesdays)

We can also arrange additional sessions on request at our studio or in a community setting.



In addition, since the closure of Berkshire Disability Information Network (BDIN), the Ark manages the **Dis:Course** project which offers disability information, advice and support for people in Berkshire.

01344 755528

info@discourse.org.uk

www.discourse.org.uk

(Includes a link to the on-line information database)

Art and Craft



Who is this for?

For people who want to take part in art and craft based activities

What will I learn?

- Experience of different art materials including chalk, paint, clay, fabrics and charcoal
- Develop new skills
- How to make choices
- How to produce individual pieces of work
- Self expression and creativity

Entry requirements for this session

Open to all people, but if you need extra support bring someone to help you in the session.

How will I learn?

You will be supported by an art and craft tutor.
The course will give individuals the opportunity to work at their own level and pace within the group.

What will I need to bring with me?

Wear comfortable clothes and a top which can get messy.

Session Details

Cost of session: £10 (includes all materials)

Day and Time: Friday 10am - 12noon

Venue: The Ark Studio



ArtsPulse - Music and Dance Fun

Who is this for?

For people who want to take part in music, movement and dance games and activities regardless of their level of mobility. A great way to keep fit!

What will I learn?

- Self expression and creativity
- Develop basic numeracy skills
- Improved communication skills
- Increase your level of fitness
- Develop motor skills, co-ordination and mobility



Entry requirements for this session

Open to all people, but if you need extra support bring someone to help you in the session.

How will I learn?

You will be supported by a tutor. The course will give individuals the opportunity to work at their own level and pace within the group.

What will I need to bring with me?

Wear comfortable clothes so you can move around. If you have any favourite music you like to dance or sing along to - you are welcome to bring your own CDs.



Session Details

Cost of session: £6

Day and Time: Tuesday 6.30pm - 8.30pm

Venue: The Ark Studio



Community and Communication

Who is this for?

For people who would like to learn more about the community they live in and who want to improve their communication skills.

What will I learn?

- Information and history about the local area
- Improved communication and language skills
- Learn about different cultures and people
- Learn how to work by yourself as well as in a team
- Self expression and creativity
- Improved social skills
- Self-advocacy skills



Entry requirements for this session

Open to all people, but if you need extra support bring someone to help you in the session.

How will I learn?

You will be supported by a tutor. The course will give individuals the opportunity to work at their own level and pace within the group. You will help decide what the group will learn about and the activities it will do.

What will I need to bring with me?

Wear comfortable clothes so you can move around and bring a folder to keep all your worksheets and paper in.

Session Details



Cost of session: £6

Day and Time: Thursday 10am - 12noon or
Thursday 1pm - 3pm

Venue: The Ark Studio

DJ Workshop



Who is this for?

For people who want to learn the basic skills to perform and make music as a DJ.

What will I learn?

- How to use DJ equipment such as mixers, CD decks and microphones
- To experience and recognize different genres or types of music
- DJ skills such as scratching, mixing and beat-matching
- Develop and maintain hand-eye co-ordination and other motor skills
- Maintain and improve social skills and communication
- Self expression and creativity
- Develop basic numeracy skills

Entry requirements for this session

Open to all people, but if you need extra support bring someone to help you in the session.

How will I learn?

You will be supported by a professional DJ. The course will give individuals the opportunity to work at their own level and pace within the group.

What will I need to bring with me?

Bring music CD's which you would like to use in the making and recording of your DJ set.

Session Details

Cost of session: £6

Day and Time: Thursday 7pm - 9pm

Venue: The Ark Studio



Interact - A Musical Theatre Group

Who is this for?

For people who want to take part in a drama and music based activity. At present the group spend part of their time working on a production of 'Grease'

What will I learn?

- Skills that will help how to improve your memory
- Learn how to work by yourself as well as in a team
- Self expression and creativity
- Develop basic numeracy skills
- Improved communication skills
- Improved social skills



How will I learn?

You will be supported by a drama tutor and artists who work in theatre. The course will give individuals the opportunity to work at their own level and pace within the group.

What will I need to bring with me?

Wear comfortable clothes so you can move around.

Session Details

Cost of session: £12.00

Day and Time: Monday 10am - 3pm
(Bring a packed lunch)

Venue: The Ark Studio



Multi-sensory Stories



Who is this for?

This session is for all people who want to learn and take part with story telling in a new and exciting way; with multi- sensory experiences and stimulation, music, games, movement and social interaction.

What will I learn?

- How different multi-sensory experiences help to tell a story and bring it to life
- Encourage social interaction and communication skills
- How to make choices
- Self expression and creativity

Entry requirements for this session

Open to all people, but if you need extra support bring someone to help you in the session.

How will I learn?

By taking part in the story and experiencing different forms of multi sensory interaction and communication. Your participation will be recorded to evaluate your progress, show how you communicate and things you like and dislike.

The course may include a community visit to a setting relevant to the story.

What will I need to bring with me?

Wear something comfortable so you can move around.



Session Details

Cost of session: £75 for 6 week course

Day and Time: Wednesday - various times
(Session length - 1.5 hours)

Venue: The Ark Studio

Unity - A Drama Group



Who is this for?

For people who want to take part in a drama and social activity. At present the group spend part of their time working on their own soap opera allowing them to use drama to discuss and explore issues that are important to them.

What will I learn?

- Skills that will help how to improve your memory
- Learn how to work by yourself as well as in a team
- Learn more about your community and what is important to people
- Self expression and creativity
- Develop basic numeracy and literacy skills
- Improved communication skills
- Improved social skills

How will I learn?

You will be supported by a drama tutor. The course will give individuals the opportunity to work at their own level and pace within the group.

What will I need to bring with me?

Wear comfortable clothes so you can move around.

Session Details

Cost of session: £6

Day and Time: Monday 7pm - 9pm

Venue: The Ark Studio

